

# Growing into Reception

**When:** 2 Full Days  
Alternate days to Preschool days

**Monday and Tuesday**  
8:50am – 3:25pm

**Thursday and Friday**  
8:50am – 3:25pm

**Who:** Vanessa Atkinson  
Early Years Teacher  
Education Support Officer

**Where:** Early Years Room

**Uniform:** OLV Sports Uniform

**Cost:** Absorbed into Preschool Fees



# Growing into Reception

*Linking Preschool with School, to prepare you and your child for Lifelong Learning.*



OUR LADY OF  
THE VISITATION

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*Inspiring truth ... with God, with our  
learning, with ourselves and others and with  
our environment.*



OUR LADY OF  
THE VISITATION



*Making the transition from Preschool to School is both an exciting and daunting step for your child.*

*OLV provides a transition program ensuring a happy and successful start to school.*

*Your child will experience school life integrated with a play-based curriculum.*

*This provides children with an understanding of the structures and expectations at school.*

*Vanessa Atkinson, an experienced Early Years Teacher together with an Educational Support Officer will support your child's growth and development in the classroom.*

*Your child will receive a personalised approach to teaching and learning.*



**Growing into Reception is uniquely designed to enhance the Learning for our youngest Learners. It provides a safe environment to prepare children for school.**



## Emotional Growth

Emotional development involves learning what feelings and emotions are, understanding how and why they happen, recognising one's own feelings and those of others. It also involves developing effective ways of managing them.

Children's responses to the different feelings they experience every day have a major impact on their choices, their behaviour, and how well they cope and enjoy life.

In Growing into Reception we nurture emotional growth by:

- Fostering independence
  - following instructions
  - completing tasks
  - familiarisation with school grounds
- Nurturing self-awareness
  - talking about feelings
  - recognising other people's emotions
  - establishing relationships with peers
- Developing resilience
  - maintaining a routine
  - sensory box
  - sensory wall
  - calming toys

## Physical Growth

The physical development in children is quite obvious as they are filled with energy and constantly moving. As children grow, they develop and refine their gross and fine motor skills.

Growing into Reception supports physical growth by:

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| <ul style="list-style-type: none"> <li>▫ Gross Motor Coordination           <ul style="list-style-type: none"> <li>- ball games</li> <li>- climbing</li> <li>- balancing</li> <li>- running</li> <li>- jumping</li> <li>- hopping</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>▫ Fine Motor Coordination           <ul style="list-style-type: none"> <li>- drawing</li> <li>- tracing</li> <li>- cutting</li> <li>- holding a pencil</li> <li>- handwriting</li> </ul> </li> </ul> |
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## Social Growth

Social development involves learning the values, knowledge and skills that enable children to relate to others effectively and to contribute in positive ways as a family, at school and in the community,

Through the relationships children have with others, and their growing awareness of social values and expectations, children build a sense of who they are.

Through Growing into Reception children learn to:

- get along with others
- share with others
- follow group and school rules
- problem solve
- make decisions
- build relationships with others through the Buddy Program
- expectations for listening through the 5 L's

## Spiritual Growth

As a Catholic School, Growing into Reception nurtures the spiritual development of children by inviting them into faith experiences and by:

- introducing Prayer
- introducing God and Jesus
- doing the Sign of the Cross
- talking about the Liturgical Seasons of the Church

**Growing into Reception aims to provide children with opportunities to:**

- Participate in activities that help prepare them to learn, connect with other children, understand their feelings, and regulate their behaviour
- Participate in phonological awareness activities
- Learn to read and understand numbers
- Learn how to be successful by getting along with others, taking turns, playing fair and accepting others
- Building physical development through safe play indoors and outside
- Taking part in daily routines
- Establishing healthy eating habits and personal hygiene routines
- Discovering that learning is fun!

## Intellectual Growth

Intellectual development is all about learning. It is about how children or a child organises their mind, ideas and thoughts to make sense of the world they live in.

Children develop intellectually by:

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| <ul style="list-style-type: none"> <li>- questioning</li> <li>- exploring</li> <li>- experimenting</li> <li>- experiencing</li> <li>- playing</li> <li>- listening</li> <li>- talking</li> <li>- looking</li> <li>- doing</li> <li>- repeating</li> <li>- copying</li> <li>- trial and error</li> </ul> | <ul style="list-style-type: none"> <li>▫ Develop Listening and Speaking skills           <ul style="list-style-type: none"> <li>- asking questions</li> <li>- sharing ideas</li> <li>- giving eye contact</li> <li>- paying attention to others</li> </ul> </li> <li>▫ Letter Sounds           <ul style="list-style-type: none"> <li>- Jolly Phonics Program</li> <li>- Letter of the Week</li> </ul> </li> <li>▫ Learn through themes           <ul style="list-style-type: none"> <li>- playing</li> <li>- creating</li> <li>- craft</li> </ul> </li> </ul> |
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In Growing into Reception we provide opportunities for children to: