

Important Dates

Assembly 2.20pm

Friday 20 June 2025

Catholic School
Netball Carnival

Friday 27 June 2025

Indigenous Liturgy -
9.30AM

Thursday 3 July 2025

Assembly - 2.20PM

Friday 4 July 2025

Semester 1 Reports
Distributed via
SEQTA

Friday 4 July 2025

Last Day of Term 2
- 3.25 pm Dismissal

Friday 4 July 2025

Pupil Free Day

Monday 21 July 2025

Term 3
Recommences

Tuesday 22 July 2025



From the Principal Sean Perry

Supporting Student Success Through Emotional Regulation and Focused Learning

As part of our ongoing commitment to high-quality teaching and learning, our staff have recently been engaging in professional development through the TeachWell programme. A key focus of this training has been on Cognitive Load Theory and Explicit Teaching—both of which emphasise the importance of maintaining a focused and disruption-free learning environment.

To support this, we kindly ask for your cooperation with the following:

- **Morning Drop-Off:** Please drop your child at the line and refrain from entering the buildings unless you have a pre-arranged meeting with a staff member.
- **Afternoon Pick-Up:** If you wish to speak with your child's teacher, please wait until all students have been dismissed and exited

the building.

- **Visitor Sign-In:** Anyone onsite between 9:00 am and 3:00 pm (for anything other than dropping or picking up students) must sign in at the front office. This is a WHS and safeguarding requirement.

We deeply value our parent community and love sharing student learning with you. However, it's essential that these interactions occur at appropriate times to avoid disrupting teaching and to ensure the dignity and wellbeing of all students.

In line with our focus on creating optimal learning environments, we are also supporting students in developing emotional regulation skills—the ability to understand and manage their emotions in healthy ways.

Here are a few ways you can support emotional regulation at home:

- Name the Feeling: Help your child identify and label their emotions.
- Model Calmness: Show how to respond to stress with calm and control.
- Create a Calm Space: A quiet corner with books or sensory tools can help children reset.
- Practise Breathing Techniques: Deep breathing can help children calm down when overwhelmed.
- Celebrate Growth: Acknowledge when your child manages their emotions well.

These strategies help children build resilience, focus better in class, and develop strong social skills.

We are incredibly proud of our students who represented OLV at the Cross Country at Oakbank on Thursday, 4 June. A special congratulations to Madison in 6AM, who finished 24th and made the State Team—an outstanding achievement!

We also commend Claire in 5/6ED and Mackenzie in 6AM for their courage in nominating and auditioning for solo performances at the upcoming Catholic Schools Music Festival in Term 3. We are proud of your initiative and talent!

Teacher Illness and Staffing Challenges

We continue to experience significant challenges due to teacher illness and the ongoing shortage of available educators. These issues are making it increasingly difficult to secure relief and replacement staff at short notice. To support continuity of learning, our teachers provide detailed notes and plans for relief staff whenever they are away or unwell. We are also actively working to build a sustainable pool of contract and casual teachers to ensure consistent support for our students. We appreciate your understanding and support as we navigate these staffing pressures.

Thank you for your continued support in making Our Lady of the Visitation a place where every child can thrive—academically, socially, and emotionally.

Warm regards,

Sean Perry



Sacramental Program

As we journey towards the culmination of our 2025 Sacramental Program, our candidates continue to grow in knowledge, understanding, and faith in preparation for receiving the Sacraments of Confirmation and First Holy Communion (Eucharist).

We hold all candidates in our prayers, and in a special way, we pray for those from OLV: Noah, Marissa, Jordan, Diego, and Javier.

The Confirmation celebration will take place on Wednesday, 27th August 2025 at 7:00pm at Sacred Heart Church, Semaphore.

May this be a time of grace, joy, and deep spiritual renewal for our candidates and their families.

Student Voice and Leadership

Student Representative Council (SRC) and House Leaders

At OLV, we continue to actively nurture leadership skills in our students, particularly through the roles of our SRC representatives and House/School Leaders. This term, our leaders have been seeking feedback from both peers and staff on their initiatives to date, including: the Clean-Up Challenge, lunchtime clubs, fundraising efforts, school assemblies, and liturgies. They also asked for suggestions on new areas to focus on.

A snapshot of what our leaders have been working on:

- **Better Buddies Bench – A Place for Connection**

Watch this space!! Our leaders are in the early stages of transforming the 'Dennis Moses' bench into a Better Buddies Bench—a safe and welcoming space for students who may feel alone during recess or lunch. Leaders (roster based) will be stationed at the bench to offer companionship and play. Leaders are now brainstorming games and sourcing appropriate equipment to support this initiative.

- **Lunchtime Clubs – Student-Led and Student-Driven**

Through class discussions facilitated by SRC representatives, the following student-led clubs will be running during Term 3 at recess or lunch:

- Reading Club
- Dodgeball
- Lego Club

These clubs offer inclusive, interest-based opportunities and demonstrate the power of student voice in shaping school life.

- **SRC Clean-Up Challenge – Environmental Stewardship in Action**

Our ongoing school-wide Clean-Up Challenge has inspired students to take pride in our environment. Points are collected throughout each semester and contribute to Sports Day Spirit Cup house scores.

We're thrilled to announce the current standings:

- Clean-Up Champions: 5/6ED (86 points)
- Special Mentions: 1CJ & Reception (joint 2nd – 80 points) and 6AM & 5NJ (joint 3rd – 76 points)

- **St Vinnie's Can Drive – Generosity Meets Healthy Competition**

This whole-school initiative invites students to donate non-perishable items, which are tallied as house points. The target is to exceed 900 items, beating our 2024 total.

Current standings:

- St. Anthony (**Blue**): 73
- St. Mary (**Green**): 56
- St. Dominic (**Red**): 55
- St. Elizabeth (**Yellow**): 44

Although it's a slow start, leaders are confident that momentum will build! Don't forget to bring in your donations.

Through these initiatives, we continue to foster student-led action, agency, and voice—developing real-world skills that support collaboration, empathy, and problem-solving. We are incredibly proud of their creativity, initiative, and commitment to building a stronger, more connected school community.

Diary Dates

Week 10

- Thursday 3rd July 2025 NAIDOC Liturgy 9.30am in the Veritas Centre
- Friday 4th July 2025 Awards Assembly hosted by 1TB
- Friday 4th July 2025 Last Day of Term 2 at 3.25pm

And so the collecting of Spirit Cup points for Sports Day is well and truly up and running (pardon the pun!!)keep the donations coming in supporting our **St Vinnie's Can Drive**



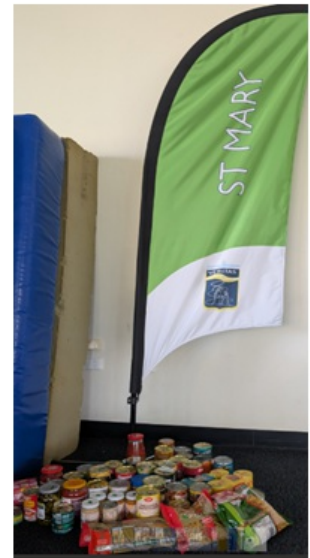
44



73



47



56

FROM THE CLASSROOMS



This term the students in Years 5 and 6 dove into the world of economics and business by brainstorming innovative stall ideas for our school's stall day. They worked in teams, developed business concepts, designed logos, and crafted promotional strategies. From handmade crafts and soccer shoot-out games, to delicious treats and croc jibbits, their ventures took shape as they refined their pricing models and marketing tactics.

With guidance from teachers, our students learnt about budgeting, supply chains and customer engagement. Ian, from Stella Maris, visited to educate the students about the foundation and the incredible work they do, inspiring the students to dedicate their proceeds to support the organisation.

Stall Day is Friday this week! Excitement is filling the air as the students get the opportunity to showcase their businesses, interact with real customers and see their hard work pay off—all while contributing to a meaningful cause.



FROM ADMINISTRATION

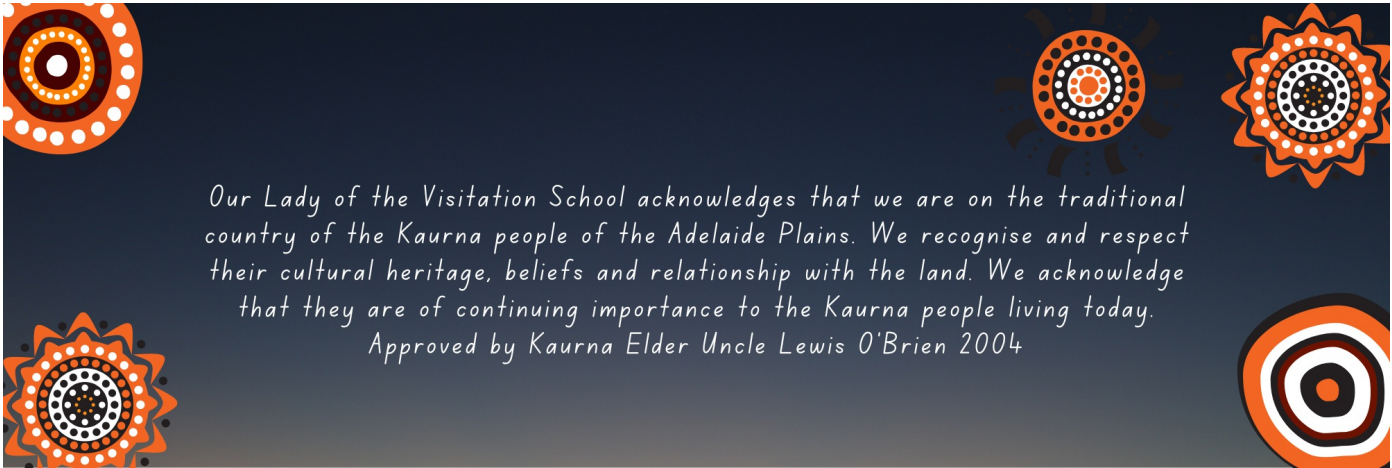


Lost Property

Has your child lost their brand new windcheater?? Two have found their way into the office, unfortunately both are unnamed!!

Could we please ask that you clearly mark your child's name on all items of clothing so that they can be returned straight away.

Our lost property box is full of lots of rain jackets and woollen jumpers, which have been here for quite some time. If they are not collected by the end of Week 9 we will be placing them outside of the office in Week 10 for anyone to claim.



*Our Lady of the Visitation School acknowledges that we are on the traditional country of the Kurna people of the Adelaide Plains. We recognise and respect their cultural heritage, beliefs and relationship with the land. We acknowledge that they are of continuing importance to the Kurna people living today.
Approved by Kurna Elder Uncle Lewis O'Brien 2004*

Student ABSENCES

Friendly reminder...

All student absences must be reported to the Front Office. Please contact us via phone or email and state the child's name and reason for the absence.

Contact Us

(08) 8440 9700

(00) 0110 7700
absent@olv.catholic.edu.au



STRONGER FAMILIES:

A POSITIVE PARENTING CONFERENCE

PRESENTED BY



**Catholic
School
Parents**
SOUTH AUSTRALIA

OUR SPEAKERS



MAGGIE DENT

CALMING
TEEN STRESS
& ANXIETY



**WAYNE
HOLDSWORTH**

START A
CONVERSATION
NOW



GREG ATTWELLS

YOU CAN'T
OUT-PARENT
AN ALGORITHM



**MADHAVI
NAWANA PARKER**

SELF REGULATION:
How to stay connected,
calm & influential in
your child's life

**THE SANCTUARY
ADELAIDE ZOO**
1 PLANE TREE DRIVE

**SATURDAY
AUGUST 16**

**9AM
REGISTRATION**
9.30AM TO 3PM

\$25 + Booking Fee per person. Light lunch included

Tickets available at Humanitix
www.events.humanitix.com/stronger-families-2025

cspsa.catholic.edu.au/events